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EVERYDAY KINDNESS

THK NURSING HOME @TANJONG KATONG THOUGHTFUL LIFT WAYFINDING WITH A PERANAKAN TOUCH

When the new nursing home in Tanjong Katong opens in the 2nd Quarter of 2026, navigating the new nursing home will be easier and more engaging, thanks to our thoughtfully designed lift wayfinding system. Inspired by Peranakan culture, each floor features distinct motifs and colours drawn from traditional tiles — helping residents, staff, and visitors identify their locations at a glance.

These vibrant patterns not only serve as visual cues but also add character and cultural warmth to the space. By blending function with heritage, our lift signage makes wayfinding intuitive, dignified, and delightful.

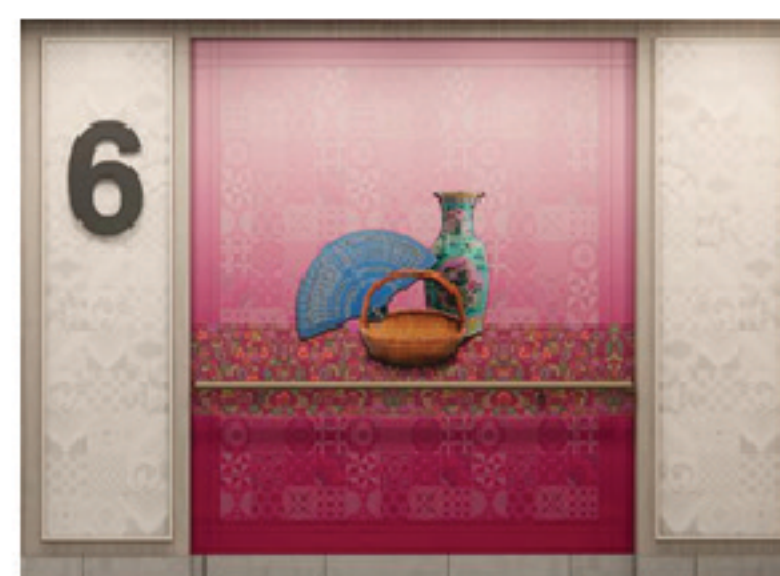
It's one more way we're creating a home that's both beautiful and accessible.



L2 Kitchenware (Purple)



L4 Spices (Beige)



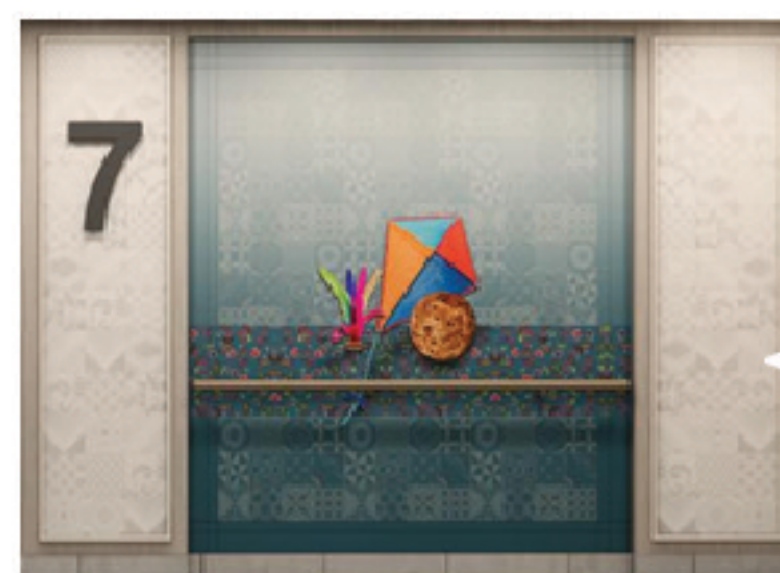
L6 Handicraft (Pink)



L3 Household Item (Peach)



L5 Food (Brown)



L7 Games (Blue Grey)

Resident Story

A Mother's Strength, A Daughter's Unwavering Love:

Madam Papatee's Journey

Behind Madam Papatee's gentle smile is a story woven with quiet resilience and selfless love. A widow who spent her younger years cooking and caring for others, she led a simple, humble life. Yet, her warmth left such a profound mark that the family she once worked for remains a part of her life even today.

Madam Papatee shares an extraordinary bond with her daughter, Ms. Devi (69). Despite Ms. Devi facing her own health challenges, she was a constant presence, visiting her mother daily to bring food and unwavering companionship. When Madam Papatee suffered a stroke, the family faced a heart-wrenching decision. They chose the path of greater security, moving her to THK Nursing Home (THKNH) to ensure she received the specialized care she truly deserved.

Since joining us, Madam Papatee continues to be a source of light. Her bright smile and cheerful nature are infectious, often delighting staff and fellow residents with her sweet singing. It's clear the nurturing heart she's always had is now shared with our entire community.

This journey is a powerful testament to enduring family love. Ms. Devi and the extended family are consistently by her side, visiting regularly and acting as her fierce advocates. It reminds us all that the deepest bonds never fade, even in life's later chapters.

We are truly honoured to care for Madam Papatee and witness the grace and strength she brings to our home. To support residents like her, THKNH relies on your generous contributions. Every act of giving helps us continue this vital mission, bringing hope and dignity to seniors who need it most.

妈妈的力量，女儿不离不弃的爱：Papatee女士的故事

在Papatee女士温暖的笑容背后，藏着一份默默的坚韧和无私的爱。她是一名寡妇，年轻时曾为家庭做饭和照顾小孩，生活虽然简朴，但她那份温情却留下了深刻的印记，连她以前工作的雇主家庭至今仍和她保持着联系。

Papatee女士和女儿Devi女士(69岁)的母女情非常深。尽管Devi女士自己也有健康问题，但她始终坚持，每天探望母亲，送餐，给予不间断的陪伴。当Papatee不幸中风后，家人做了一个艰难却充满爱的决定：让她住进德教太和观疗养院，确保她能得到最周全专业护理。

来到德教太和观疗养院大家庭后，Papatee女士依然是我们的开心果。她开朗的笑容和乐观的性格极富感染力，经常会为大家唱歌，带来欢笑。显然，她一直以来的慈爱之心，现在正分享给整个社区。

这段经历有力地证明了家庭之爱是永恒的。Devi女士和家人经常来探望，始终是她最坚强的后盾。这提醒了我们：最深厚的感情永远不会褪色，尤其是在人生的晚年。

我们非常荣幸能照顾Papatee女士，见证她每天为我们疗养之家带来的优雅和力量。作为慈善机构，德教太和观疗养院需要您的慷慨支持来延续这份重要的使命。您的每一份捐助，都能为像Papatee女士这样有需要的老人家带来希望和尊严。



Staff Spotlight

Behind the Scenes, Making a Difference

*Featuring Rohana Binte Abdul Rahim,
Admin Assistant – Nursing Team*

Rohana joined THK Nursing home @Hougang in September 2018, stepping into the role of Admin Assistant under the Nursing Team. With a strong desire to contribute to the healthcare sector in a meaningful way, she saw this opportunity as the perfect platform to support frontline caregivers through efficient administrative work.

Over the years, Rohana has become a familiar and dependable presence in the nursing office. Her day typically begins with reviewing the nursing roster, managing staff attendance, and processing leave requests. She also assists the nursing team with documentation, data entry, report compilation, and coordinating meetings – all while keeping day-to-day operations running smoothly. Though her work often takes place behind the scenes, her contributions are vital to the home's daily functioning.

Overcoming Challenges, Growing with the Team

A particularly challenging period for Rohana was during a sudden staff shortage, when she had to manage multiple last-minute roster changes while keeping up with her daily tasks. It was a high-pressure situation that required quick thinking, clear communication, and strong coordination with the nursing team leaders.

Despite the stress, Rohana stayed calm and focused, working closely with the team to ensure care coverage was not disrupted. The experience became a turning point for her – one that strengthened her confidence, problem-solving skills, and appreciation for teamwork.

Looking ahead, Rohana is eager to upgrade her skills in digital tools, particularly in data management and rostering software. She also hopes to deepen her understanding of nursing workflows so she can provide more targeted and proactive support to the team.



When asked how she feels about her work, Rohana shares, "It's fulfilling to know that even though I'm not directly involved in care, the work I do helps create a more organised and efficient environment for our nurses. That, in turn, benefits to those we care for."

Supporting Quality Care, Every Step of the Way

Rohana's unwavering reliability, quiet efficiency, and heartfelt dedication are essential in keeping the nursing team organised and focused on delivering excellent care. While her work may often be behind the scenes, its impact is deeply appreciated. As a cherished member of the THK Nursing Home family, Rohana embodies the spirit of commitment and teamwork that underpins the compassionate care we strive to provide.

In healthcare, every role carries profound significance. Whether at the forefront or supporting from behind the scenes, each contribution is vital in creating an environment of genuine care. Rohana's steady devotion is a shining example of this truth – reminding us that it takes the collective effort of many hands and hearts to truly make a difference.

Events and Projects

Celebrating Life Together: Birthday Bash for Residents & Staff!

Laughter, music, and joyful moments filled the air as we came together to celebrate the birthdays of our beloved residents and dedicated staff. From cake-cutting and heartfelt sing-along to games and thoughtful gifts, the celebration was a beautiful reminder of the strong bonds we share as one community.

These monthly birthday celebrations are more than just parties — they're opportunities to honour each individual, spread cheer, and create memories that warm the heart.

Happy Birthday to all our stars of the month — may your year ahead be filled with happiness, health, and love!



Giving Back with Heart: Singapore Airlines Staff Partner with SCC for CSR

In a wonderful display of compassion and community spirit, staff from Singapore Airlines recently teamed up with the Senior Care Centre (SCC) for a meaningful Corporate Social Responsibility (CSR) initiative. Whether engaging in joyful activities or lending a hand to support wellness programs, our airline volunteers brought warmth, energy, and smiles throughout the day. The initiative reflected Singapore Airlines' long-standing commitment to giving back beyond the skies — serving not just passengers, but the wider community.

This heartwarming collaboration is a reminder that when we come together with purpose, even small gestures can make a big difference.

Thank you to our dedicated volunteers for showing that care and kindness.



Creativity from the Heart: Resident's Artwork on Display

We are proud to showcase the beautiful artwork created by one of our talented residents, whose creativity and passion shine through every brushstroke.

This inspiring piece reflects personal expression, resilience, and the joy of creating. It also reminds us that art knows no age — only HEART!



Events and Projects

Dog Therapy: It's Samoyed Time!

Our residents had a fantastic time engaging with 6 beautiful dogs of the Samoyed breed for a few sessions in September. These dogs are very calm and friendly as they are already resident dogs of a dog-petting cafe called Snow Pawttage (Instagram: @samoyedcafe.sgsnowpawttage). Residents got to pet them, feed them, brush their white and fluffy fur, as well as joining the dogs for a short walk in our sensory garden. A worthwhile sensory session for them as they enjoyed a day of pet therapy.



THKNH Dinner & Dance 2025: A Night to Remember

Laughter, music, and sparkle filled the air at our annual THKNH Dinner & Dance 2025! With the theme - Red Carpet, all the staff turned up in style for an evening of fun, food, and heartfelt celebration.

The night featured lively performances, exciting games, and a crowd-pleasing lucky draw.

It was a joyous night of bonding, appreciation, and unforgettable memories.



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PROMOTION

Sharing is Caring

Everyday Kindness:

Dementia-Friendly Tips

1. Clear and Gentle Communication

Use simple words and maintain eye contact. Give time for the person to respond without rushing.



2. Create a Calm Environment

Reduce noise and clutter to help with focus. Soft lighting and a familiar setting can provide comfort and reduce confusion.



3. Establish a Daily Routine

Helps reduce anxiety and confusion. Include enjoyable activities like music, walks, or art.



4. Encourage Social Interaction

Gentle group activities, chatting with volunteers, or simply sitting together can greatly reduce feelings of isolation.



5. Celebrate Small Wins

Cheer on even the smallest accomplishments. Encouragement builds confidence.



- Only valid in Ang Mo Kio-Thye Hua Kwan Hospital (branch)
- Valid between 1 Dec 25 – 31 Mar 26 (Inclusive)
- Not applicable with other promotion or discount

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Issue No. 10 / 2025

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