

THKNH *hearts*



太和观 THK

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www.thknh.org.sg

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THANK YOU DONORS!!

Five years into our journey as THK Nursing Home @Hougang, we have received tremendous support and donations. We would like to take this opportunity to thank you for your generosity.

~ Touching the lives of our Seniors ~

Thank you for making a difference!



Your Donation Matters

Your Donation Matters

Mdm Low, aged 83, used to live in destitute homes before she was admitted to our home. She suffers from Alzheimer's Disease, Vitamin B12 deficiency and Osteoarthritis. She has a younger brother who never visited her. Alone, she required nursing home placement because of her deteriorating dementia condition progressed from moderate to a moderately advanced stage.

At the beginning of her stay at THKNH, Mdm Low was often incoherent and always wandering around, requiring close supervision and monitoring due to her behavioural issues. However, over the last 2 years of her stay here, she has adjusted well to the nursing home environment. Having participated actively in home organized activities, she is more cheerful and communicates better. Despite seeing some improvement in her behaviour, Mdm Low is still dependent on diapers and medication.

Because of your donation, we can help Mdm Low and other needy elderly served by THKNH Ltd to get the diapers and other essential items needed for their well-being.

Every dollar helps!

Thank you very much for your kind generosity.

您的捐款无比重要

刘女士，今年八十三岁，住进太和观疗养院前曾留宿赤贫之家。她患有阿兹海默症，身体欠缺维他命 B12 和关节炎。她有一个弟弟，但从未探访过她。孤单的刘女士因老年痴呆症恶化需要疗养院特工的照顾。

她刚来时，经常言语不清，到处走动，需要紧密的监督和照顾。这两年来，刘女士不但逐渐的适应了疗养院的环境。如今的她也开朗了许多，不但能与人交谈，也积极地参与疗养院的活动。虽然刘女士行为上大有进步，她仍然需要成人尿裤和药物治疗。

您的捐款能为刘女士和太和观疗养院有需要帮助的年长人士提供尿裤和所需用品。

每份捐款都是无价的！

感谢您的慷慨捐赠。



Staff Spotlight

Enrolled Nurse Mary Joy

A trained nurse from Philippines, Mary Joy is lovingly referred to as Joy by her colleagues and the elderly.

Mary Joy is always seen with a smile on her face even with mask on. Her patience towards the elderly, calm disposure and gentle yet firm mannerisms has made her well-liked by the elderly and is highly regarded by all care staff in THKNH.

Caring for the Elderly

Sharing a close-knitted relationship with her grandparents from a young age, Joy developed a natural care for the elderly.

Keen to expand her learning and work experience in Singapore, Joy chanced upon THKNH while researching about healthcare organisations in Singapore. Inspired by THKNH's person-centred care approach towards patients, Joy was most enthusiastic to become a part of the team.

Building a Career with THKNH

Joy started her career with THKNH in 2016. Over the past 5 years, Joy has had a most amazing journey in THKNH with countless learning opportunities to gain new skills and interact with colleagues across departments.

As an Enrolled Nurse in THKNH Dementia ward, Joy makes her daily rounds to check in with the elderly under her care. Joy is most patient and kind with the elderly, courteous and caring. She is most committed and conscientious in her work. Her genuine care for the elderly and positive attitude in sharing her skills and knowledge has earned her the hearts of all care staff in the Home.

Person-Centred Care Focus

Being highly competent in her work, Joy balances well her daily work responsibilities with various committee involvements. Joy embraces all tasks assigned to her with passion and faces challenges with a highly positive attitude.

Joy shares that amidst her multiple responsibilities, she is most mindful of keeping herself physically, mentally and emotionally strong to provide the best care to the elderly and support to the care team.

Words of Encouragement to all Nurses

Joy was recently nominated for the 15th TAN CHIN TUAN Award for Enrolled Nurses 2021. She received the THKNH Good Commendation Award earlier this year and the THKNH Most Courteous Nurse Award last year. To all nurses, Joy has these words of encouragement to share, **"Love your work and give your best to create a healthy workplace, so work becomes a second home for you"**.

“

At THKNH, our focus is on person-centred care. It is my duty to put elderly safety and personalised quality care as priority. Managing Next-of-Kin enquiries smoothly and assuring them that their loved one is well cared for in THKNH puts them at ease. As a team, we at THKNH aspire to make the Home a 'Home away from Home' for the elderly and ourselves.”

- Mary Joy



Highlights

News Feature on The Straits Times(30 Sep 2021)

Hougang nursing home staff soldiering on despite surge in Covid-19 cases and curbs

THK SCC @ Kaki Bukit (Bedok North)

THK Senior Care Centre @ Kaki Bukit (Bedok North) provides support to around 80 elders during the day, offering ranges of step-down care services to maintain their general physical and psychosocial well-being. These care services include:

Food rations from FoodBank

FoodBank regularly donates food rations to our clients. These goodie bags are separated for our Muslim and non-Muslim clients. In October 2021, we have given out food rations to our clients to support them during this pandemic, so that they have emergency food rations at home should they need to be quarantined at home. These include Milo, instant noodles, biscuits and canned food etc.



Bake-a-Cake Programme

We receive a birthday cake and personalised birthday cards from a home baker every month. The cakes do not contain pork or lard or food items such as nuts that may cause choking. The cakes and cards bring cheer to our clients as our staff sing birthday songs to the celebrants! Clients can choose to have their photos taken in a specially decorated area where we will share their photos with the loved ones.

Howdy-Man Handyman Services

Most of our clients come from low-income families and are frail. Some of them stay alone or with another elderly spouse. We have partnered with Howdy-Man who provides FOC handyman services to our clients. Our clients only need to pay for the replacement of parts. This service will help to keep our elderly safe in their own home environment!

“ We have a seven-storey facility and all non-clinical staff on the first floor have been asked to avoid going to the upper levels. Staff and residents in the wards have been segregated into separate zones so there is less likelihood of spread of infection. ”

- CEO Ardi S. Hardjoe

Care Services:

- ♥ Maintenance Day Care & Centre-Based Nursing
- ♥ Dementia Day Care Centre
- ♥ Day Rehabilitation



REPAIR SERVICES

Plumbing, lightings, electrical doors, door knobs & lock repairs etc

Q: Do you need any assistance in any of the above services?
A: Howdyman will be able to assist you with the repair at a charitable rates (eg, if you are staying in a rental flat, you do not need to pay for the labour charges but only the costs of the material as shown).

Q: Who do I approach if I need help with the repairs?
A: Contact THK SCC – Social Worker for more advices to link you up with Howdyman!



Services



Highlights

THKNH Wellness Programme

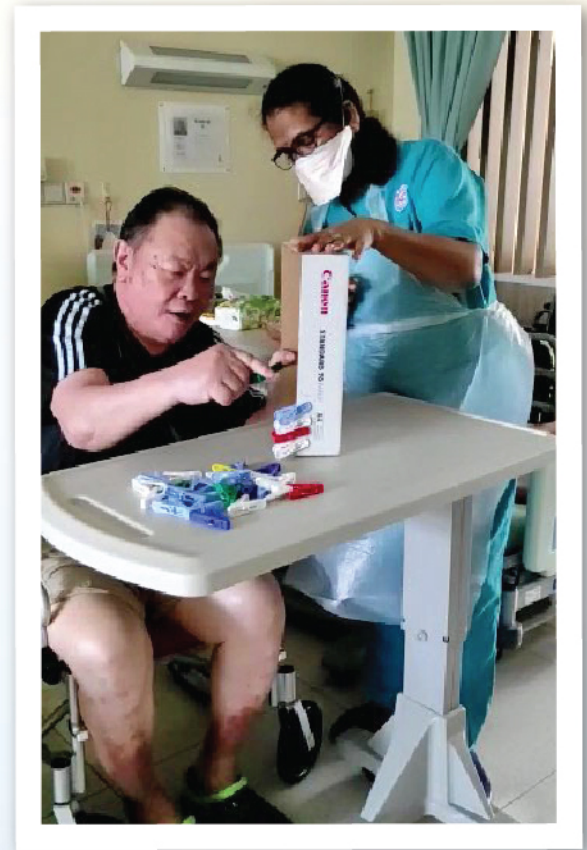
THK Wellness Programme is a 3 year funded programme by AIC Wellness Support Package (WSP). It is a new initiative by AIC which partners with nursing homes to improve the frequency, quality and variety of recreational activities.

Since January 2020, our therapists were coached by Goshen Consultancy for the Building Activity Capabilities. These coaching sessions will be ongoing for the next 3 years.

太和观疗养院健康计划

太和观健康计划由护联中心资助。这项计划为期三年，是护联中心的新启发。目的是配合疗养院为年长人士开办新的活动并增加活动的次数以及素质。

从二零二一年一月起，我们疗养院的治疗师和 Goshen Consultancy 开始了为期三年的培训课程。



WE ARE HIRING 招聘职员

Kami menawarkan jawatan kerja

நாங்கள் வலைக்கா ஆள் எடூக்கிறோம்

- ♥ Staff Nurse
- ♥ Enrolled Nurse
- ♥ Healthcare Assistant
- ♥ Nursing Aide
- ♥ Therapy Aide

CONTACT US

Tel: 6812 9840 Email: hr@thknh.org.sg

For more details, you may visit our website at www.thknh.org.sg

**Picture taken before COVID-19.*



Highlights

Fundraising by Artualize Gallery Pte Ltd for THKNH

We are excited to share this fundraiser organised by Artualize Gallery Pte. Ltd.

A total of 20 beautiful paintings are available for sale, all kindly donated and curated by the family of the late Singapore artist Low Hai Hong.

Interested parties can find out more about Fundraising by visiting Artualize Gallery to view the paintings being sold at <https://store.artualize.com.sg/thk>

Our elderly residents at Thye Hua Kwan Nursing Home at Hougang will benefit from the donated funds and receive the paintings.



海之韵(Artualize)筹款活动

我们非常兴奋有海之韵画廊为我们筹款。

这项筹款活动共有二十幅名画由已世的本地著名画家刘海宏的家人出售。有兴趣者可以上我们的网站 <https://store.artualize.com.sg/thk> 观画以及了解出售和筹款详情。

我们位于后港的太和观疗养院年长人士将收益筹款金额。

WE ARE HIRING 招聘职员

Kami menawarkan jawatan kerja

நாங்கள் வலைக்கா ஆள் எடூக்கிறோம்

- ♥ 注册护士
- ♥ 护士
- ♥ 医疗保健助理
- ♥ 护士助理
- ♥ 治疗助理

联系我们

Tel: 6812 9840 Email: hr@thknh.org.sg

For more details, you may visit our website at www.thknh.org.sg

**Picture taken before COVID-19.*



太和观疗养院恳请您参与此富有意义的慈善行动

THYE HUA KWAN NURSING HOME LIMITED SINCERELY INVITES YOU TO BE PART OF THIS WORTHY CHARITABLE CAUSE

YOUR DONATION MATTERS



DONATION AMOUNT 捐款数

One-Time Donation 一次性捐款 Monthly Donation 每月捐款

\$10 \$50 \$100 \$200 \$500 \$1000 Other amount (Please State) _____

DONOR PARTICULARS 捐款者详情

Name/Company Name 姓名/公司名 (Mr./Mrs./Ms./Dr): _____

NRIC/FIN/UEN No.* 登记号码/客工号码/公司注册号码: _____

Address 地址: _____

Postcode 邮区: _____

Contact No. 联络号码: _____ (HP) _____ (R)

Email 电邮: _____

Your particulars will be treated as confidential and will not be released to others 您的个人详情是保密的，绝不会向外泄露

DONATION DETAILS 捐款方式

***Please do not send donation by cash 请不要寄现金

Cheque Donation 支票捐款
Please make cheque payable to 付划线支票:
"Thye Hua Kwan Nursing Home Limited-Hougang"
Bank / Cheque No. 银行/支票号码: _____

Credit Card / Pay Pal / Bank Transfer donation 信用卡/银行转账捐款

Visit our THKNH website 登入THKNH网站
<https://www.thknh.org.sg>



Online Donation Giving.sg 网站捐款
<https://www.giving.sg/thye-hua-kwan-nursing-home-limited>

Paynow Donation 银行网站捐款
Scan the QR code from your mobile banking app. Please indicate your NRIC/UEN and name in the reference field.



TAX EXEMPTION 免税

This donation is eligible for a 250% tax deduction and it will be automatically included in your tax assessment if you have provide your Tax Reference Number (e.g. NRIC/FIN/UEN)*. You do not need to claim the deduction in your tax form. No receipt will be sent to you.

此捐款获得250%扣税。如果您提供税务档案编号 (NRIC/FIN/UEN)*, 您将在估税时获得自动扣税。您无需在纳税表中申请扣除。我们将不会发送收据给您。

If you prefer to receive a donation receipt, please tick here
如果您仍希望收到捐款收据, 请在此处打勾

THANK YOU FOR YOUR DONATION



THK will adhere to the requirement of the personal data Protection Act 2012 (PDPA). Your personal data is secured and will not be disclosed or shared with any other party.

THK将遵守2012年个人数据保护法 (PDPA) 的要求。您的个人资料是安全的，不会透露或与其他方共享。

For enquiry, please email to: 请电邮
finance@thknh.org.sg



为病老出一份力 您的捐款是他们的希望

Postage will be paid by addressee.
For posting in Singapore only.

BUSINESS REPLY SERVICE
PERMIT NO. 09400



THYE HUA KWAN NURSING HOME LIMITED
48 HOUGANG AVENUE 8
SINGAPORE 538793

How your Donation Makes a Difference

\$60 =  1 day of medical/nursing services for 1 elderly

\$150 =  1 month of diaper supply for 1 elderly

\$300 =  1 month of meals supply for 1 elderly

DONATE TODAY!

We appreciate and value the generosity of individuals and organisations in the community who support our programmes and facilities. To remain sustainable as a charity organisation and allow us to provide the best quality care for our patients, **your donation, no matter how small can make a difference and is greatly appreciated.**



Find out more via <https://www.thknh.org.sg/donate/>
or via online donation portal:
<https://www.giving.sg/thye-hua-kwan-nursing-home-limited>